

**2026 COMSA and Breadbasket Zone Short Course Championships (2026.3.1)**



**COLORADO MASTERS SWIMMING ASSOCIATION**

**Friday, March 27 - Sunday, March 29, 2026**

USMS Sanction : 326-S005

**COMSA Meets**

**Swim Meet Registration**



**Registration Schedule**

It is now 5:10:18 PM Mountain Time (MST) on Sunday, March 1, 2026.

	<b>Open</b>	<b>Close</b>
<a href="#"><u>Swimmer Registration</u></a>	Wed, Feb 4, 2026 01:00 AM	Mon, Mar 23, 2026 11:59 PM

## **2026 COMSA and Breadbasket Zone Short Course Championships**

**When:** March 27 - 29, 2026

**Where:** Arvada Aquatics Center, 7904 Carr Dr, Arvada, CO 80005

**Sanction:** Sanctioned by Colorado LMSC for USMS Inc.

**Facility details:** The pool is 25 yards by 50 meters and will be set-up with bulkheads creating 10 short course yard, competition lanes. Separate warm-up/cool down areas will be available throughout the meet. A Colorado Electronic Timing System with backup timing and scoreboard readout will be used. Bleacher seating is available, with additional on-deck seating available. We recommend bringing your own chairs if you plan to sit on deck.

The length of the competition course is not on file with USMS. Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet (USMS articles 105.1.7 and 106.2.1). Times from this competition will be eligible for USMS records and Top Ten consideration, but not for world records.

**Eligibility:** Any 2026 United States Masters Swimming member, which includes swimmers from College Club Swimming and other LMSCs.

### **Fees:**

- **Early registration:**
  - \$40 surcharge per swimmer by March 8, 11:59pm
  - \$5 per individual event (max of 2 events Friday, 6 events on Saturday and 6 events on Sunday)
  - Early registrations are guaranteed meet t-shirt, and brute or sprint squad shirts
- **Late registration:**
  - \$50 surcharge per swimmer (March 9-23)
  - \$5 per individual event (max of 2 events Friday, 6 events on Saturday and 6 events on Sunday)

- Late registrations will not have the opportunity to receive any t-shirts
- All fees must be paid at the time of registration.

**Refund/Cancellation Policy:** Meet registrations are non-refundable and non-transferable

**Entry deadline:**

Monday, March 23, 2026, at 11:59 pm.

All entries will receive an email confirmation from Club Assistant.

**Register online:**

Online registration only on Club Assistant.

**Questions:** Contact the State Meet Coordinator, **Doug Garcia**,  
[swimdouggarcia@gmail.com](mailto:swimdouggarcia@gmail.com)

**Rules:** All current USMS Rules apply, including the no false start rule. Any swimmer who acts in an unsporting or unsafe manner within the swimming venue may be considered for appropriate action or penalty by the referee (rule 102.13.3).

**Warm-up:** Swimmers must enter the pool feet first in a cautious and controlled manner. Swim equipment such as pull buoys, kickboards, fins, hand paddles, and snorkels are not allowed in the competition or warm-up pools. Diving and backstroke starts are only allowed in designated one-way sprint lanes during the pre-meet warm-ups in the competition pool. Continuous warm up lanes will be available in the deep end and shallow ends of the pool throughout the meet.

**Timer Reward System/Back-Up Timers Required**

COMSA will utilize a timer reward system to ensure the 2026 COMSA Championships Meet is run in compliance with USMS sanction requirements (two, back-up, hand-held, timers are required per lane for all lanes for all events). Swimmers, family members, friends, fans, and spectators will be enlisted to ensure all lanes are covered with timers.

A financial reward will be distributed to each workout group/club for each covered lane by two timers worked as a timer. Workout group/club timing assignments will be published with the Psyche Sheets according to workout group/club size. On-deck timer training will be provided as needed.

Details regarding club/workout group lane assignments will come a few days before the meet to each club/workout group representative.

**Event Details**

**Individual and Relay Age Groups:** As indicated by USMS rules, swimmers will be placed into the age group for the age they will be on the last day of the meet.

- Individual Events: 18-24, 25-29, 30-34, 35-39, etc. to 100+

- Relay Events: 18+, 25+, 35+, 45+, etc. 10-year increments as high as necessary determined by age of youngest relay member.

Freestyle Events	Day	Backstroke Events	Day	Breaststroke Events	Day	Butterfly Events	Day	Individual Medley Events	Day
1650	Fri	200	Sun	200	Sat	200	Sat	400	Sat
1000	Fri	100	Sat	100	Sun	100	Sun	200	Sun
500	Sun	50	Sun	50	Sat	50	Sat	100	Sat
200	Sun								
100	Sat								
50	Sun								

**Seeding:** All events will be seeded slow to fast except for the 1000 Freestyle and the 1650 Freestyle events on Friday, which will be seeded fast to slow. Entries without a time submission will not be accepted. All events are timed finals. Men’s and Women’s will be combined into mixed events for the 1000 and 1650 freestyle and may be combined in other events of 200 yards or longer at the discretion of meet officials. Deck seeding is at the discretion of meet officials. Swimmers who fail to appear at the starting platform ready to swim for the start of their assigned heat will be recorded as no swim (NS). If you miss your event, we will not be able to “fit you in” to another heat.

**Distance events:** A positive check-in for is required for the 1650, 1000, 500 Freestyle events, and the 400 Individual Medley event. You may check in using the [SwimPhone](#) app or in person at the entrance to the venue. Check in schedule is as follows:

- 1650 and 1000 Freestyle: check in opens Thursday, March 26, 6:00 am, and closes at 12:00 pm, on Friday, March 27.
- 400 Individual Medley: check-in opens Friday, March 27, 6:00 am and closes at 8:00 am on Saturday, March 28.
- 500 Freestyle: check-in opens Saturday, March 28, at 6:00 am and closes at 8:00 am on Sunday, March 29.

**Psych sheets:** Will be posted on SwimPhone and be included in the pre-meet email.

**Heat sheets and lane assignments:** Will be posted on SwimPhone and at multiple locations around the pool. Lane assignments may be changed at any time, at the discretion of meet officials.

**Relays:** Relay entry cards will be available at the timing table on the pool deck. All members of a relay team must be individually registered for the meet. All swimmers on a relay team must be registered for the meet under the same club/workout group for relay points to count towards team awards. Relay entry form deadlines are as follows:

**Club/Workout Group Affiliation:** Your entry must match your club affiliation, and if applicable, the workout group affiliation indicated in your USMS membership record. Each Rocky Mountain Regional Masters (RMRM) workout group will compete as a team against other registered RMRM workout groups and registered USMS clubs. You cannot change your club or workout group affiliation after completing your first individual or relay event. Swimmers registered with the RMRM club without a workout group will not accumulate team score points. Unattached (UC) swimmers from any LMSC will not accumulate team score points and cannot participate in relays. If you have questions about your USMS club/workout group registration or competition eligibility, please contact your membership coordinator or the meet director.

### **Schedule/Timeline**

Because this is a multi-day meet, with any number variables out of the control of meet officials, any attempts at a calculated timeline will most likely be inaccurate. Please arrive early to ensure you do not miss your events. Accommodations will not be made for people who miss their assigned heat. The meet schedule is as follows:

#### **Friday, March 27**

- 11:30 am – 12:30 pm: Competition pool warm-up
- 12:30 pm: Events 1 and 2
- Check in opens: Thursday, March 26, 6:00am, and closes at 12:00pm, on Friday, March 27.

#### **Saturday, March 28**

- 7:30 – 8:30 am: Competition pool warm-up
- 8:30 am: Event 3 begins
- Check-in opens: Friday, March 27, 6:00am and closes at 8:00am on Saturday, March 28.
- TBD: A 30-minute, competition pool warm-up will be available upon the conclusion of the 400 Individual Medley.
- TBD: Events 5-24

#### **Sunday, March 29**

- 7:30 – 8:30 am: Competition pool warm-up
- 8:30 am: Event 25 begins
- Check-in opens: Saturday, March 28, 6:00am and closes at 8:00am on Sunday, March 29.
- TBD: A 30-minute, competition pool warm-up will be available upon the conclusion of the 500 Free.
- TBD: Events 27-46
- TBD: Colorado Masters Swimming Association post meet feast and awards presentation (annual meeting). Location details and agenda will be posted on the COMSA website one month prior to the meet.

### **T-Shirts, Results, Scoring, and Awards**



**Meet T-Shirts:** To guarantee a meet T-Shirt (available for purchase); you must pre-order with your meet entry. A limited number of extra T-shirts may be available for sale at the meet. A table will be set up near the pool doors for participants to pick up their meet t-shirts. The table will be available during each competition pool warm-up session.

**Results:** will be available at the results table, posted around the venue, on [SwimPhone](#), and posted to the COMSA website after the meet.

**Scoring:** Swimmers may enter up to 2 individual events on Friday and up to 6 individual events on Saturday and Sunday; 14 maximum individual events for the meet. Points are awarded for the top 10 places in each age group as follows:

- Points awarded for individual events: 11-9-8-7-6-5-4-3-2-1
- Points for 4 X 50 relays is 22-19-16-14-12-10-8-6-4-2
- Points will not be awarded for the 4 x 100 or 4 x 200 relays

**Individual Awards:** The top 10 swimmers in each individual event may pick up a ribbon from the self-service awards table near the diving board area. An individual high-point award is presented to the highest scoring male and female swimmer in each age group.

**Team Awards:** Team scores are determined by total point counts for each Men, Women, and Combined. Swimmers will score points for the club/workout group indicated in their USMS membership record. The top six clubs/workout groups will receive an award. All swimmers on a relay must be registered for the meet under the

same club/workout group for relay points to count towards team awards. Team awards will be presented at post meet feast and awards ceremony on Sunday.

 A blue t-shirt with a black crew neck. The front features the text: "2026 COMSA A BREADBASKET ZONE Champs BRUTE SQUAD 1650 Freestyle, 400 Individual Medley, 200 Butterfly".	<p><b>Brute Squad Award:</b> Swimmers who complete the 200 Butterfly, 400 Individual Medley, and 1650 Freestyle events and will be presented with a free T-shirt upon the conclusion of the events.</p>
 A white t-shirt with a black crew neck. The front features the text: "2026 COMSA A BREADBASKET ZONE Champs SPRINT SQUAD 50 Butterfly, 50 Backstroke, 50 Breaststroke, 50 Freestyle, 100 Individual Medley".	<p><b>Sprint Squad Award:</b> Swimmers who complete the 50 Freestyle, 50 Butterfly, 50 Backstroke, 50 Breaststroke, and 100 Individual Medley events and will be presented with a free T-shirt upon the conclusion of the events.</p>

**The Jack Buchanan Service Award:** Presented at post-meet feast and awards ceremony on Sunday to the male and female swimmers who have made major contributions to Masters Swimming. Nomination forms available at [www.comsa.org](http://www.comsa.org).

**The Lou Parker Coaches Award:** Presented at post-meet feast and awards ceremony on Sunday to the outstanding COMSA Coach of the Year. Nomination forms available at [www.comsa.org](http://www.comsa.org).